

SILVER SPRINGS OPENING 1ST PHYSICAL THERAPY CLINIC

SOAR Physical Therapy announces the opening of their new clinic in Silver Springs. Called "Silver Springs Physical Therapy", the clinic will be located within the existing Lahontan Valley Medical Complex. Parley Anderson, D.P.T. (Doctor of Physical Therapy) is excited about the prospect of providing physical therapy services in Silver Springs. "I think Silver Springs really needs a provider of physical therapy. Until now, there have been no physical therapy services in Silver Springs. Individuals needing physical therapy have had to travel to Fernley or Dayton for the nearest physical therapy provider. Now, people will only have to travel a couple of minutes to receive their treatment. As a result, treatment will be much more convenient."

The Silver Springs clinic is the 2nd SOAR Physical Therapy clinic. The 1st clinic (SOAR Physical Therapy) opened in November 2004 in Fernley at the Sierra Meadows Business Plaza. "I opened my 1st clinic in Fernley for the same reason, to prevent people from having to travel for their physical therapy. Individuals that live in Fernley should be able to receive physical therapy in Fernley, and the same goes for Silver Springs."

Anderson brings a wealth of experience for his patients. He earned both a bachelor's degree (education) and a master's degree (fitness management) from the University of Nevada, Reno. "I think all patients can benefit from regular exercise, and teaching is a big component of what I do as a physical therapist. I think the education and personal training experience I have really makes me a better physical therapist". Anderson also earned both a master's degree and a doctoral degree in physical therapy from the University of the Pacific in Stockton, Ca. "I don't want anyone to confuse me with being a physician. Dr. of Physical Therapy is my title, but I am a physical therapist, not a physician. Just call me Parley.

Anderson's philosophy is simple. "I think every patient benefits from education (lifestyle management) and exercise (strengthening and stretching). Also, I think each patient can benefit from 'hands on' treatment (muscle release/relaxation) to help position the body to heal itself. I don't do a lot of modalities (ice/heat etc.). Patients can do those things at home." The hours for physical therapy will be from 8am-12 noon on Tuesday's and Thursday's. "I will add hours as patient demand necessities." Parley can be reached in the Lahontan Medical Center @ (775) 544-2591, or at his SOAR Physical Therapy clinic in Fernley @ (775) 575-1818.